

# Weekly Time Rhythm For Week Starting: \_\_\_\_\_

**Personal**

.....

.....

.....

.....

.....

.....

.....

.....

**Programme**

..... Find solutions for:

.....

.....

.....

.....

.....

.....

**Projects**

..... 30 days:

.....

.....

..... 60 days:

.....

.....

..... 90 days:

.....

.....

<b>People</b>	Personal	Urgent	Encourage
	Meetings	Admin	Other

**Week at a glance:**

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday:

Sunday: